

7th March, 2026

The News Editor,

PRESS RELEASE: INTERNATIONAL WOMEN'S DAY 2026 MESSAGE – FRIMPONG-MANSO INSTITUTE

Today, as we commemorate International Women's Day 2026, we celebrate the courage, resilience, and transformative leadership of women across Ghana, Africa, and the world.

As a Breast Surgeon, I have seen the strength of women in their most vulnerable moments — fighting illness, protecting their families, and holding communities together and as a CEO, I have witnessed the power of women to shape institutions, influence policy, and redefine progress.

But celebration must be accompanied by responsibility.

The Responsibility of Institutions Like FMI

Institutions such as the Frimpong-Manso Institute are not mere intellectual platforms — they are custodians of ethical leadership and national transformation.

The Chairman and leadership of FMI carry the responsibility to:

- Champion inclusive governance and gender-responsive policy.
- Promote thought leadership that amplifies women's voices in decision-making.
- Shape national discourse around equity, accountability, and development.

The Fellows of the Institute bear the duty to:

- Lead with integrity in every sphere of influence.
- Mentor emerging women leaders intentionally.
- Advocate for systems that remove structural barriers limiting women's advancement.

- Use research, dialogue, and policy engagement to improve women's health, economic participation, and representation.

True leadership at the FMI is not defined by title — it is defined by impact.

International Women's Day reminds us that empowering women is not charity; it is strategy. It is nation-building. It is sustainable development.

Across our country, too many women still face preventable health challenges. Too many girls remain at risk of dropping out of school. Too many talented women remain underrepresented at decision-making tables.

Goodwill Message from the Frimpong-Manso Institute

On this International Women's Day 2026, the Frimpong-Manso Institute extends its goodwill and solidarity to:

- Women in governance and public service who are strengthening democratic institutions.
- Women in healthcare who continue to save lives with skill and compassion.
- Women entrepreneurs and professionals driving economic transformation.
- Young girls who dare to aspire beyond limitations.

The Institute reaffirms its commitment to fostering leadership that is ethical, inclusive, and transformative. We pledge to continue promoting dialogue, mentorship, research, and policy advocacy that advance gender equity and national development.

This celebration must also be a call to action.

A Call to Collective Leadership

When women rise, institutions are strengthened.
When women are healthy, nations are productive.
When women lead with integrity, societies prosper.

Let this International Women's Day be more than a celebration.
Let it be a recommitment.

When you empower a woman, you strengthen a family.
When you educate a girl, you secure a nation's future.
When you invest in women's health, you preserve generations.

This year, let us move beyond applause to accountability.
Let us mentor intentionally.
Let us support one another boldly.
Let us build institutions that outlive us.

To every woman in leadership — lead with compassion.
To every woman in the marketplace — trade with confidence.
To every young girl watching — your voice matters, your dream is valid, and
your future is limitless.

May we continue to rise — not individually, but collectively.

Let us lead. Let us heal. Let us transform.

May we lead boldly.
May we serve faithfully.
May we build systems that ensure no woman is left behind.

Happy International Women's Day 2026.

Let us lead. Let us uplift. Let us transform — together.

ISSUED BY FRIMPONG-MANSO INSTITUTE

Rev. Prof. Paul Frimpong-Manso (President)

Dr. Beatrice Wiafe-Addai

C.E.O. Peace and Love Hospitals, President and Founder, Breast Care
International, Chairperson, Ghana NCD Alliance | Healthcare Professional |
Fellow, Frimpong-Manso Institute

Thank you.